

Nursing Care Plan Example (Simplified)



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Course
Instructor
Due date

Nursing Care Plan Example 1 (Simplified)

Clinical Scenario

A patient with pneumonia experiencing difficulty breathing.

Nursing Diagnosis

Ineffective airway clearance related to mucus accumulation.

Goal

Patient will maintain clear airway and oxygen saturation above 95% within 24 hours.

Interventions

- Monitor oxygen saturation levels regularly
- Encourage deep breathing exercises
- Administer oxygen therapy as prescribed
- Position patient in high Fowler's position

Evaluation

Patient demonstrates improved breathing patterns and oxygen saturation remains stable above target level.

Nursing Care Plan Scenario Example 2

Patient Condition: Congestive Heart Failure

NANDA Diagnosis: Decreased Cardiac Output

Goal: Maintain adequate tissue perfusion within 48 hours

Intervention: Monitor vital signs, fluid balance, and signs of worsening heart failure

Expected Outcome: Improved cardiovascular stability and reduced symptoms



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